



### Digging Into Earth Day

In preparation for this year's Earth Day, Roosevelt Care Center at Edison's residents and staff dug into an eco-friendly activity April 20.

The months-long process began when the long-term care center's employees voluntarily began collected used K-Cups for the planting project.



Each plastic, tablespoon-sized container, a modern-day replacement for coffee grounds and filters, was packed with seeds and a small amount of soil. Cellophane covered the tops of each cup to promote a greenhouse-like effect, which is said to assist with plant growth.

On the day of the craft, residents transferred a few budding plants – everything from eggplants, to cucumbers to tomatoes and lettuce – into slightly larger cups.

There they will sit, until Mother's Day, at which time the sprouting vegetation will be moved to Roosevelt's sunny fenced-in patio.

"Traditionally, the ladies here say that you can't plant outside until Mother's Day, because of the frost," said Roosevelt Recreational Therapist Kelly Inouye-Kwaak.

But the journey doesn't end there, as these plants are headed from the soil to the table.

"Later we'll use the vegetables in our cooking program," she added.